



Wessex Outcomes Evaluation Summary 2012-2013

KS1 Pupils

During 2012-2013 questionnaires were completed by 586 KS1 pupils from 22 schools across the Wessex region. 47.2% were boys and 52.8% were girls.

91.5% rated the visit as good and 92.4% said they would like Life Education Wessex to visit them again.

As a result of their session in the mobile classroom:

- 84.8% said they learnt more about what their body needs to stay healthy.
- 86.5% said they learnt more about what is inside their body.
- 79.5% said they learnt more about what to do when they are angry or lonely.
- 79.6% said they learnt more about what makes a good friend.
- 79.7% said they learnt more about when they need to take medicine and when not.

KS2 Pupils

During 2012-2013 questionnaires were completed by 1568 Year 5 & Year 6 pupils from 35 schools across the Wessex region. 50.3% were boys and 49.7% were girls. 43.1% were Year 5 pupils and 56.9% were Year 6 pupils.

86.7% rated the visit as either very good (40.7%) or good (46%) and 74.4% said they would like Life Education Wessex to visit them again.

As a result of their session in the mobile classroom:

- 87.3% agreed or strongly agreed that they knew more about what their body needs to stay alive.
- 80.6% agreed or strongly agreed that they understood better how their body works.
- 90.4% agreed or strongly agreed that they understood better how medicines, smoking, alcohol (and other drugs) affect their body.
- 85.3% agreed or strongly agreed that they knew more about how to keep themselves healthy.
- 86.9% agreed or strongly agreed that they knew more about how to be safe when taking medicines.
- 86.6% agreed or strongly agreed that the visit helped them to understand how others can influence the choices they make about smoking, alcohol (and other drugs).
- 83.1% agreed or strongly agreed that the visit helped them to see that not as many young people smoke, drink alcohol (or take other drugs) as they thought.
- 79.5% agreed or strongly agreed that the visit helped them to learn to be assertive with other people.
- 81.6% agreed or strongly agreed that the visit helped them to recognise how their emotions and needs change in different situations.
- 89.3% agreed or strongly agreed that the visit helped them to think about the risks of smoking, drinking alcohol (or taking other drugs).

KS1 Teachers

During 2012-2013 questionnaires were completed by 144 KS1 teachers from 119 schools across the Wessex region.

- 99.3% were satisfied (9.1%) or very satisfied (90.2%) with the visit.
- 100% agreed (7.7%) or strongly agreed (92.3%) that the session was well delivered.
- 99.3% agreed (9.7%) or strongly agreed (89.6%) that the children engaged well with the session.
- 100% agreed (12.6%) or strongly agreed (87.4%) that the quality of the content was good.

How the session benefitted the children:

- 98.5% agreed or strongly agreed that children had a better understanding of the five key physical needs.
- 99.3% agreed or strongly agreed that children had a better knowledge of body organs.
- 79.6% agreed or strongly agreed that children had a better understanding of the importance of personal hygiene.
- 95.6% agreed or strongly agreed that children were better able to recognise and manage their feelings.
- 98.5% agreed or strongly agreed that children had a better understanding of safety in relation to medicines.
- 94.3% agreed or strongly agreed that children had a better understanding of how to manage peer relationships.

How the session benefitted the teacher:

- 85.2% agreed or strongly agreed that they understood better how drug education fits into the Healthy Schools approach.
- 94% agreed or strongly agreed that they had learnt about children's understanding of health issues.
- 54.3% agreed or strongly agreed that they were more aware of their own attitude towards smoking, alcohol and other drugs and its impact on how they teach.
- 82.6% agreed or strongly agreed that they were more confident to deliver PSHE activities.
- 90.8% agreed or strongly agreed that they had gained new ideas about how to deliver PSHE activities.

How Life Education helped school:

- 86.9% agreed or strongly agreed that the school has been able to integrate Life Education into curriculum planning.
- 90.3% agreed or strongly agreed that Life Education helps the school to achieve national PSHE standards.
- 87.8% agreed or strongly agreed that Life Education helps the school to meet children's needs relating to drug education.

KS2 Teachers

During 2012-2013 questionnaires were completed by 153 KS2 teachers from 107 schools across the Wessex region.

- 100% were satisfied (17.3%) or very satisfied (82.7%) with the visit.
- 100% agreed (20.4%) or strongly agreed (79.6%) that the session was well delivered.
- 99.3% agreed (25.6%) or strongly agreed (73.7%) that the children engaged well with the session.

- 99.3% agreed (21%) or strongly agreed (78.3%) that the quality of the content was good.

How the session benefitted the children:

- 98.6% agreed or strongly agreed that children understood better how substances affect body organs.
- 91.9% agreed or strongly agreed that children understood their emotional needs better.
- 99.3% agreed or strongly agreed that children knew more about the consequences of smoking, alcohol and other drug use.
- 91.1% agreed or strongly agreed that children had a better understanding of the levels of smoking, alcohol and other drug use among peers.
- 94.5% agreed or strongly agreed that children understood better how to manage peer relationships.
- 95% agreed or strongly agreed that children were better able to be assertive in relation to health choices.
- 94.3% agreed or strongly agreed that children were better able to assess risk factors in relation to smoking, alcohol and other drug use.

How the session benefitted the teacher:

- 92.8% agreed or strongly agreed that they understood better how drug education fits into the Healthy Schools approach.
- 98.6% agreed or strongly agreed that they had learnt about children's understanding of health issues.
- 75.2% agreed or strongly agreed that they were more aware of their own attitude towards smoking, alcohol and other drugs and its impact on how they teach.
- 81.5% agreed or strongly agreed that they were more confident to deliver PSHE activities.
- 82.8% agreed or strongly agreed that they had gained new ideas about how to deliver PSHE activities.

How Life Education helped school:

- 83.7% agreed or strongly agreed that the school has been able to integrate Life Education into curriculum planning.
- 88.5% agreed or strongly agreed that Life Education helps the school to achieve national PSHE standards.
- 97% agreed or strongly agreed that Life Education helps the school to meet children's needs relating to drug education.

Quotes

KS1 Teachers

- *It went deep enough (beyond KS1) to keep the well informed learning, but wonderfully 5 year old friendly with the magic.*
- *Every year I am amazed at the skill of the Life Education teacher for pitching the lesson so perfectly and keeping every child engaged totally for over an hour. It is a fantastic learning experience for us all including myself.*
- *The pupils were able to explore feelings in a non threatening way.*
- *Lively, interactive & age appropriate delivery.*
- *The sessions are always very well presented with lots of movement and visuals. Thank you.*
- *The children really enjoyed the session. You could tell by the look of pure joy on their faces.*
- *Children remembered so much. They learnt well. Very interesting for them.*
- *Gives children a focussed session in different environment delivered by a different person and gives teachers chance to observe children. Absolutely brilliant interaction with children!*

- *Karen created a safe and secure learning environment for the children, which resulted in them being eager to learn and fully taking part in the learning process. All children were praised for their contributions and made to feel valued throughout the session. Thank you.*
- *Children were encouraged to talk about their feelings and how to deal with relationship problems*
- *Really great session about feelings - good use of photographs & opportunity to 'act out' feelings too.*
- *Using photos and acting real scenarios helped the children reflect and think about feelings.*
- *Greater understanding of what makes us human. The session was well balanced including both anatomy, physiology and human emotions.*
- *They developed their knowledge in all areas and learnt in a fun, engaging way. They thought more carefully about how they feel and recognised that anger is ok. learnt a lot about playground behaviour.*
- *I especially like how they would manage their feelings and what they could do to help.*

KS2 Teachers

- *Fantastically planned, covers things sensitively.*
- *Relevant topics, children felt able to voice opinions - no wrong answers.*
- *The content is differentiated wonderfully for each age group.*
- *Children love going into the van and expertise and content would be difficult to achieve in a normal classroom setting.*
- *The subjects covered were pitched at exactly the right level for the children and they were able to continue learning in class.*
- *Fast pace, lots of curriculum reinforcement and new information.*
- *All children were included and their contributions were valued.*
- *Another brilliant lesson from this very valuable resource. Keep doing what you're doing, it's SO important.*
- *As usual the Life Bus experience helped the year 6 children address some tricky issues in a suitable manner. Many thanks.*
- *Engages children and encourages them to develop awareness of themselves and the choices they need to make. Life Education is a long standing aspect of our PSHE/Drugs education provision. Thank you!*
- *As budgets are much tighter, we decided to question the year six children about what they thought about the lifebus & what they learnt - they were able to recall and talk about a remarkable range of the topics covered & able to discuss about these issues. The life bus had had a great impact on the children (beyond remembering the giraffe!)*
- *A fantastic session. A lot of curriculum content covered in a relatively short time but in a meaningful way. Thank you :)*
- *An extremely important resource that does an amazing job in an hour's session! Thank you. :)*
- *Really good session - chance for children to share openly and explore friendship issues.*
- *Thank you! The additional resources are also very valuable.*
- *The children absolutely love the experience and it is obvious that they learn from it as seen in their engagement and discussion.*
- *The subjects covered were pitched at exactly the right level for the children and they were able to continue learning in class.*
- *Children love going into the van and expertise and content would be difficult to achieve in a normal classroom setting.*
- *The content is differentiated wonderfully for each age group.*

KS1 pupils

- *I learnt what to do when I feel angry.*
- *I learnt that we grow when we are asleep.*
- *I learnt what your food does when you've swallowed it.*
- *I learnt what to do when you are lonely.*
- *I learnt how to treat people nice.*
- *I learnt that sometimes people don't know they are being mean when they are.*
- *I learnt how to recover when you are poorly.*
- *I learnt about more feelings that everyone has sometimes.*
- *I learnt don't pretend that you're sick.*
- *I learnt about being kind to people.*
- *I learnt to be healthy by eating healthy food.*
- *I learnt to let people play with you when they are sad.*
- *I learnt you need to have a big sleep and to stay healthy.*

KS2 pupils

- *The most interesting thing was learning about how to say no. The ways were very good, now I know how to say no without having to hurt my friends feelings.*
- *The most interesting thing was how to deal with a problem without getting into trouble.*
- *I liked the part where we were detectives and we had to find out what drug it was by following the clues.*
- *Everything was interesting because I learned lots of things that I did not know at the beginning.*
- *The most important thing I learnt today is how to say no without hurting people's feelings.*
- *I learnt what you should do in bullying situations.*
- *I learnt how much friends can influence your choices.*
- *The most important thing I learnt was how drugs and smoking affect your body.*
- *I learnt that your emotions can change how hard it is to stop smoking.*
- *I learnt how to keep your body healthy and not to take risks. I never would have done this anyway.*
- *I learnt how drugs and alcohol can have an effect on your body and what you sign up for when you start taking drugs, smoke or get addicted to alcohol.*
- *I learnt about how to keep safe with medicine.*
- *It helped me to understand that not that all young people smoke/take drugs and drink alcohol.*
- *I learnt that if you smoke then tar will build up on your lungs.*
- *The most important thing I learnt was I need to be more assertive with other people.*
- *I learnt if solvents (paints, glue) are misused you could die.*
- *It helped me to understand that there are lots of risks people take.*
- *I learnt that legal drugs can kill if you take too much.*
- *I learnt that drugs can affect the way you feel and behave.*
- *I learnt that more people die from alcohol and smoking than illegal drugs.*
- *I learnt to be assertive, not aggressive or passive.*
- *I learnt that you need to be confident in difficult situations.*
- *The most interesting thing for me was learning about smoking and drinking because I learnt some things that I did not know such as 4000 drugs and chemicals go into 1 cigarette and 95% of children 11 to 15 do not smoke so 5% of children 11 to 15 do smoke.*
- *The most interesting fact was that only 5% of children aged 11-15 years old smoke.*