



Future Booster: Helping Children to Achieve

'Young people (and indeed their parents) need informed support in terms of a range of opportunities and information in order to fulfil ambitions, and schools need to be places that can contribute to this support.'

Can Changing Aspirations and Attitudes Impact on Educational Attainment?
A review of interventions. Joseph Rowntree Foundation, 2012.

Our Future Booster programme is designed to support schools and families in raising children's aspirations and also their understanding of how to set and achieve goals.

Aimed at 10-11 year-olds, the programme looks at the skills, qualities and attitudes that young people need in order to be the best that they can be. This includes goal setting and looking at solutions to problems that can block success, as well as promoting confidence and self-esteem. This helps to promote the positive attitude that contributes to future success.

The programme also provides a vital opportunity for parents and carers to get involved and consider how they can help their children to develop the confidence and skills to set and achieve their goals.



Outcomes of the Future Booster session

Children will:

- Know common definitions of success and understand that people have different ideas about what success means.
- Understand that future success is built on present skills and attitudes.
- Know potential blockers to success and how to overcome these.
- Know the qualities, skills and qualifications needed for a range of jobs and which are common to many jobs.
- Understand the importance of a positive attitude and self-belief.



What teachers say about the programme:

'Children learned a lot from the programme and this was clear from their responses afterwards. They realised important things about success, other than money.'

'The children enjoyed the programme, and all of them were able to take part. Lots of different activities to do which kept them interested.'

"Well-delivered thought provoking session."

What pupils say about the programme:

"I think it was great learning about how important going to university is."

"I think it will help me get a good job in the future."

"I liked telling my partner and getting told what we thought of each other. It made me feel happy to know what people think of me".

Find out more

If you'd like to discuss how our work could support your school

Call: 01258 837417

Email: schools@lifeeducationwessex.org.uk

Or visit: www.lifeeducationwessex.org.uk

Life Education Wessex
2 Barnes Croft, Coles Lane
Milbome St Andrew
Dorset DT11 0LG

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